

Barnabas Center

1831 N. Knoxville Ave. Peoria, IL 61603

Ph: 309.688.9282



Peoria Rescue Ministries

Marital Evaluation

This form is to be completed by each adult and submitted prior to the first session.

1. Describe how much significant time you spend together as a couple and when you spend it.
2. Describe five behaviors or tasks your spouse does that you appreciate.
3. List five personal qualities of your spouse that you appreciate/
4. How frequently do you affirm or reinforce your spouse for the behaviors and qualities described in questions 2 and 3?
5. List four important requests you have for your spouse at this time.
6. How frequently do you make these requests?
7. What is your spouse's response?
8. List four important requests your spouse has for you at this time.
9. How frequently does your spouse make these requests?
10. What is your response?
11. What do you appreciate about your spouse's communication?
12. What frustrates you the most about your spouse's communication?

Marital Questionnaire

Counseling Goals

1. Describe your specific goals for counseling.
2. Describe your spouse's specific goals for counseling.
3. How do you feel counseling should last (on a week-to-week basis)?
4. On the following scale, please indicate your level of hopefulness for the effectiveness of counseling. Use an X for yourself and a check mark for your perception of your spouse's hopefulness.

No Hope					Hopeful					Very Hopeful
1	2	3	4	5	6	7	8	9	10	

Please complete reverse side.

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Counseling Goals *(continued)*

- In what way can your counselor be the greatest help to you in counseling? Please be specific.
- How much time per week can you give to your marriage? Circle your response.
1 hr. 2 hrs. 3 hrs. 4 hrs. 5 hrs. 6 hrs. or more
- Would you like your counselor to pray with you?
 Yes No
If yes,
 During the session? During the week?

Changes & Commitment

Circle the word that best completes each statement.

- I am willing to make any | most | some | minor | very few changes or adjustment necessary to improve our marriage together.
- I believe my spouse is willing to make any | most | some | minor | very few changes or adjustment necessary to improve our marriage together.
- It is very important | somewhat important | not very important to me that my spouse is satisfied and fulfilled.
- My commitment level to improving my marriage is

Little or none		Average						Absolute	
1	2	3	4	5	6	7	8	9	10

- My spouse's commitment level to improving my marriage is

Little or none		Average						Absolute	
1	2	3	4	5	6	7	8	9	10

Signed _____

Date _____